





ISTITUTO COMPRENSIVO «D'ALCONTRES»

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PROGRAM of VIRTUAL MOBILITY

Mobility of the Erasmus+ KA2 Project « I KNOW WHERE I AM FROM » (2018-1-PL01-KA229-050971) to be held in Barcellona P.G., Italy from the **31st MAY – 1st-2nd JUNE 2021**

Monday 31st May 2021

9:00-10:00 Virtual Welcome at Coordinating School – its presentation

10:00 – 11:30 Workshop called "Food traditions and Mediterranean Diet in the Ancient World"

11:40 – 12:30 – Discussion and questions to the lecture

Tuesday 1st June 2021

9:00 – 10:30 The lecture called: "The Sicilian regional gastronomy over the Centuries"

10:40 – 11:30 – Discussion and questions to the lecture

11:40 – 12:30 – How to integrate the lecture into normal teaching and learning process of many school subjects like Chemistry, Biology, Science, Cooking, Civics, foreign languages, History and Literature via related topics that are taught and projects to be prepared and compared with national cuisine and recipes

Wednesday 2nd June 2021

9:00 – 10:30 Presentation of eBook of National Recipes from Crete, Italy, Poland, Hungary, Spain and Croatia ain Bookcreator

11:40 – 12:40 Prepare a cooking Contest where activity participants will experiment different ingredients from different civilizations.

Learning nowadays recipes: their origin and how they have been trasformed.

12:40 – 13:30 – Discussion and questions to the lecture

IL DIRIGENTE SCOLASTICO