

What do you usually eat? 1D

What we eat for breakfast, lunch and dinner

ALBA CRINÒ MAR 18, 2021 10:11AM

Serena

Hello, I'm Serena 🙋🙋🙋🙋🙋🙋 I don't have breakfast
For lunch I eat pasta or legumes or tomatoes 🍅🍅
For dinner I usually eat meat 🍖 and vegetables or fish and salad 🥗🥗

My favourite treat is icecream 🍦🍦🍦
🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌

Bianca Bellinvia

🙋 I don't have breakfast in the morning. For lunch I eat pasta or rice with tomato sauce, legumes or vegetables, after that I eat some fruits. 🍎🍎 For dinner I eat meat and salad and vegetables. 🍖🍖🍖 At the weekend I eat pizza, a hamburger or eggs. 🍷🍷🍷
My favourite treat is chocolate cake 🍰🍰🍰



Asia ❤️

For breakfast I usually have milk and biscuits 🍪🍪
For lunch I eat pasta 🍝 and fruit 🍌,
for dinner I eat meat 🍖 and salad 🥗 or fish. 🐟
My favourite treat is pizza 🍕



Ambra Amalfa

I don't have breakfast. For lunch I eat pasta 🍝 or a hamburger 🍔 and fruit 🍎🍌🍌. For dinner I eat meat or fish 🐟 or eggs 🍳 and fruit 🍎🍌🍌.
On Saturday I eat pizza 🍕 or hot dog 🌭 and I rarely eat sushi 🍣🍣
🍱🍱. I like lasagne or cannelloni but I don't like broccoli 🥦 or cauliflower.



Andrea

Hi! For breakfast I usually have milk 🥛 and nesquik 🍫 with biscuits. For lunch I always eat pasta with various ingredients

and for dinner I usually eat meat 🍖 and salad 🥗. My favourite treats are tiramisù and cannelloni 😊😊



♥ Giada Cutugno

Hello! For breakfast I usually have milk with biscuits and nesquik 🥛, but sometimes I have breakfast with yoghurt or tea ☕🍪. For lunch I eat pasta or vegetables 🥦 or fish and legumes. I have a break with fruit or toast with nutella or ham. For dinner I usually have meat or chicken or tomato salad or salad 🥗. My favourite food is pasta with clams or pasta "baciarmi sulla bocca". 🍷🍷



Benedetta Barbalace

For breakfast I usually have milk 🥛 with biscuits 🍪 and honey. 🍯 Sometimes I also eat fruit 🍏🍎🍌 or cake. 🍰 For lunch I usually eat pasta 🍝 with legumes, tomato sauce 🍅 or vegetables. 🥦 I sometimes eat meat 🍖, eggs 🍳 or fish 🐟 with salad. 🥗 For dinner I usually eat with fish 🐟 or meat 🍖 with salad 🥗 or cooked vegetables. 🥦 I often eat rice with vegetables. 🥦 My favourite treat is tagliatelle alla francescana



Matteo Gravina

I always have breakfast. I usually eat toast with butter and jam, and orange juice or milk. For lunch I usually eat pasta with tomato sauce or legumes. In the afternoon I have a break with fruit and yogurt. For dinner I often eat meat, chicken or fish with vegetables.

My favourite treat is cannoli with ricotta.



Domenico

For breakfast I usually have pancake with nutella
For lunch I eat pasta with ricotta or tomato sauce.
For dinner I usually eat a hamburger or lunch leftovers.



Marco Antonio

For breakfast, I usually have peach juice or croissant.
For lunch, I eat pasta with tuna and olives or a hamburger.
For dinner, I'm very hungry, I love steak with valerian salad and fruit.

Vincenzo Barbalace

Hi! For breakfast I always eat milk and nesquik with biscuits and brioche. For lunch I usually eat pasta with legumes, tomato sauce or vegetables and sometimes I eat sausages or other varieties of meat. Finally, for dinner I usually eat fish or meat with salad or cooked vegetables and sometimes I eat rice.
My favourite treat is lasagne 😊



Filippo

I don't have breakfast. For lunch I usually eat pasta 🍝 or a cutlet. For dinner I eat milk 🥛 with cereal or biscuits 🍪. My favourite food is chicken wings 🍗 ☹ ☹



Gabriele miano

For breakfast I usually eat milk. For lunch I always eat pasta with various ingredients and for dinner I usually eat meat. My favourite treats are carbonara and pizza

Angela

I don't usually have breakfast, but when I do eat toast 🍞 with jam or yogurt and fruit 🍌🍇🍏, I also drink some juice ☐. For lunch I eat pasta 🍝 with various ingredients or meat 🍖 with vegetables 🍅🥦. In the afternoon I eat toast 🍞 with ham 🍖 and cheese 🧀 or yoghurt and fruit 🍌🍏🍇. For dinner I eat meat 🍖, fish 🐟🦞, vegetables 🥬🥦 or salad 🥗; on Sunday sometimes I eat pizza 🍕 or a hamburger 🍔. My favourite treat is lasagne.



Marco Calpona

For breakfast I usually have milk with coffee. For lunch I eat pasta with tomato sauce and meat or fish . For dinner I usually eat pizza or hamburger with chips.
My favorite food is pasta with ragu'.

Angelo

For breakfast I usually eat milk with biscuits 🍪. For lunch I usually eat pasta with tomato sauce 🍝. For dinner I usually eat meat 🍖. My favourite treat is pasta al forno



PESCE GIORGIO

For breakfast I usually have milk 🥛 and nesquik and cereal .For lunch i eat pasta 🍝 , legumes and fruit .For dinner I eat meat or pizza 🍕
My favourite treat is cake 🍰 with oreo.


